

A Message of Hope

by Alexandra

I have been there, done that. I've experienced being in an unhealthy relationship and an ugly breakup. Sadly, I was in that unhealthy relationship, for 2 ½ years before I made the choice to end things. Yes, the breakup was messy, and yes, I almost wanted to turn back around but as the lyrics of Carrie Underwood say, "That would be like pouring raindrops back into a cloud." Once you make the decision to breakup, it needs to be final, because things can never go back to the way they were. Joy is the result of making good life choices. Sometimes, it is the hardest decisions of our lives that turn out to be the best ones.

The calm comes after the storm. Things eventually clear up and get better. When they do, you enter into a new beautiful season of finding yourself, and discovering who you are, according to Christ. Every young lady has unique potential beauty waiting to unfold. Your talents, your skills, what you love to do, what you believe in, your hopes and dreams- this is who you are, the way God wired you. An unhealthy relationship can inhibit your ability to fully discover who you are in Christ. You are far more precious than rubies in the eyes of Jesus (Proverbs 31:10). Be brave. Be strong. Be confident that God will guide you through. Pray for his comfort, and for him to surround you with supportive friends and family.

God has the ability to make beautiful things out of our mistakes, messes, and broken lives. While your heart might feel shattered at first, Christ has the ability to transform the crushed pieces into a beautiful mosaic of a new life. But first, you must choose. And let me remind you of this truth:

Dear girl, you are worth it.